

TU VIỆN AN-LẠC-AN LAC MISSION  
**SCHEDULE OF ACTIVITIES**

VENTURA BUDDHIST STUDY CENTER, 901 S.SATICOY AVENUE, VENTURA, CA 93004

OFFICE HOURS: 10:00 AM-12:00PM & 05:00 PM - 07:00PM

☎ (805)659-9751 (E) (805)-659-9845 (V) (805)816-8799 (E/V)

[missionanlac@yahoo.com](mailto:missionanlac@yahoo.com), [\[www.venturabuddhistcenter.org\]](http://www.venturabuddhistcenter.org) E=English. S= Sinhala. V=Vietnamese

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>MAR 2018</b>		To conquer oneself is a greater task than conquering others. <b>Dhammapada</b>	<b>01</b> 5:45PM-6:45 Tai Chi w/Maki 7PM- Meditation 8pm-9pm Dhammapada Study	<b>02</b> 8:15AM-9:30AM YOGA – Level 2 (E) w/SALLY	<b>03</b> 8:00AM-9:15AM YOGA Level 1 w/ SALLY 9:45AM ZAZEN 7:00pm Vietnamese Chanting	<b>04</b> 9:30am-10am Children's Dhamma Class 10am Full Moon Ceremony 10am-12pm Vietnamese Language Class 7pm Full Moon Chanting
<b>05</b> 5:45-6:45pm Tai chi w/Maki Guelcher 7pm- Devotions (P) 7:30pm-8:30pm Meditation & Discussion(E)	<b>06</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)	<b>07</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>08</b> 5:45PM-6:45 Tai Chi w/Maki 7PM- Meditation 8pm-9pm Dhammapada Study	<b>09</b> 8:15AM-9:30AM YOGA (E) w/SALLY	<b>10</b> 8:00AM-9:15AM YOGA Level 1 w/ SALLY 7:00pm Vietnamese Chanting	<b>11</b> Pilgrimage in the New Year to visit temples in Los Angeles
<b>12</b> 5:45-6:45pm Tai chi w/Maki Guelcher 7pm- Devotions (P) 7:30pm-8:30pm Meditation & Discussion(E)	<b>13</b> 6:30AM - Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)	<b>14</b> 7:00PM-8:30PM SAM HOI (V)	<b>15</b> 5:45PM-6:45 Tai Chi w/Maki 7PM- Meditation 8pm-9pm Dhammapada Study	<b>16</b> 8:15AM-9:30AM YOGA (E) w/SALLY	<b>17</b> 8:00AM-9:15AM YOGA Level 1 w/ SALLY 9:45am-12:30pm Buddhist Retreat (E) Yogic Buddhist Devotions & Meditation 7:00pm Vietnamese Chanting	<b>18</b> 8:45am-4:30pm ATA SIL:9:30am-Dhamma Class ; 10am Vietnamese Service. 10am-12pm Vietnamese Language Class 6pm Sri Lankan Vandana
<b>19</b> 5:45-6:45pm Tai chi w/Maki Guelcher 7pm- Devotions (P) 7:30pm-8:30pm Meditation & Discussion(E)	<b>20</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)	<b>21</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>22</b> 5:45PM-6:45 Tai Chi w/Maki 7PM- Meditation 8pm-9pm Dhammapada Study	<b>23</b> 8:15AM-9:30AM YOGA (E) w/SALLY	<b>24</b> 6AM-9AM- BREAKFAST FOR HOMELESS @ CCCC,VTA 8:00AMYOGA L1 w/ SALLY 7:00pm Vietnamese Chanting Ordination day of Sakyamuni Buddha	<b>25</b> 9:30am-10am Children's Dhamma Class 10am-Vietnamese Service. 10am-12pm Vietnamese Language Class
<b>26</b> 5:45-6:45pm Tai chi w/Maki Guelcher 7pm- Devotions (P) 7:30pm-8:30pm Meditation & Discussion(E)	<b>27</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)	<b>28</b> 7:00PM-8:30PM SAM HOI(V)	<b>29</b> 5:45PM-6:45 Tai Chi w/Maki 7PM- Meditation 8pm-9pm Dhammapada Study	<b>30</b> 8:15AM-9:30AM YOGA (E) w/SALLY	<b>31</b> 8:00AMYOGA L1 w/ SALLY 7:00pm Vietnamese Chanting	<b>03/18</b>