

TU VIỆN AN-LẠC-AN LAC MISSION- VENTURA BUDDHIST STUDY CENTER- SCHEDULE OF ACTIVITIES

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<h1>JUNE 2018</h1>		TAI CHI Teacher Maki Guelcher is on Summer Vacation. From June 07 until August 09. New students are kindly requested to join after August 09. Senior students will meet on Monday & Thursday at 5:45pm at An Lac Mission to practice Tai Chi. Thursday, June 21 from 7PM- 9pm 108 Sun Salutations 'to celebrate the Summer Solstice'		01 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	02 8:00AM-9:15AM YOGA 1 w/SALLY, 9:45AM-12PM ZAZEN <i>w/ Kevin,</i> 7pm-8pm - Nim Phat Chanting	03 VESAK BUDDHA'S BIRTHDAY CELEBRATIONS 10AM until late Afternoon
04 5:45PM-6:45PM Tai Chi(E) w/Mski (New students are requested to join after Summer vacation) 7PM -9PM - Devotions (P) , Meditation, & Discussion	05 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	06 7:00PM- 8:30PM CHANTING OF LOTUS SUTRA(V)	07 5:45PM-6:45PM Tai Chi(E) w/Mski (New students are requested to join after Summer vacation) 7PM- Meditation 7:45pm-Dhammapada (Buddhist Text) Discussion	08 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	09 8:00AM-9:15AM YOGA L1w/ SALLY 7pm-8pm - Nim Phat Chanting	10 9:30AM-10:15AM Children's Dhamma Class 10am Vietnamese Service. 10:15AM-12:00PM Vietnamese Language Class
11 5:45PM-6:45PM Tai Chi(E) w/Mski (New students are requested to join after Summer vacation) 7PM -9PM - Devotions (P) , Meditation, & Discussion	12 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	13 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	14 5:45PM-6:45PM Tai Chi w/Maki (New students are requested to join after Summer vacation) 7PM- Meditation 7:45pm-Dhammapada (Buddhist Text) Discussion	15 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	16 8:00AM-9:15AM YOGA Level 1 w/SALLY 10AM-12 NOON <i>Buddhist Retreat (E)</i> Yogic Buddhist Devotions & Meditation 7pm-8pm - Nim Phat Chanting	17 8:45am-4:30pm ATA SIL (8 precepts) Retreat For Sri Lankans 9:30AM-10:15AM Children's Dhamma Class 10am Vietnamese Service. 10:15AM-12:00PM Vietnamese Language Class
18 5:45PM-6:45PM Tai Chi(E) w/Mski (New students are requested to join after Summer vacation) 7PM -9PM - Devotions (P) , Meditation, & Discussion	19 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	20 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	21 5:45PM-6:45PM Tai Chi w/Maki (New students are requested to join after Summer vacation) 7PM- 9pm 108 Sun Salutations (Surya Namaskara) on the ' Summer Solstice'	22 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	23 6AM-BREAKFAST FOR HOMELESS (@ CC) 8:00AM-9:15AM YOGA Level 1 w/ SALLY 7pm-8pm - Nim Phat Chanting	24 9:30AM-10:15AM Children's Dhamma Class 10am Vietnamese Service. 10:15AM-12:00PM Vietnamese Language Class
25 5:45PM-6:45PM Tai Chi(E) w/Mski (New students are requested to join after Summer vacation) 7PM -9PM - Devotions (P) , Meditation, & Discussion	26 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	27 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	28 5:45PM-6:45PM Tai Chi w/Maki (New students are requested to join after Summer vacation) 7PM- Meditation 7:45pm-Dhammapada (Buddhist Text) Discussion	29 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	30 8AM-9:15AM YOGA L1 w/SALLY 7pm-8pm - Nim Phat Chanting	<h1>06/18</h1>