

**TU VIỆN AN-LẠC-AN LAC MISSION  
SCHEDULE OF ACTIVITIES**

VENTURA BUDDHIST STUDY CENTER, 901 S.SATICOY AVENUE, VENTURA, CA 93004

OFFICE HOURS: 10:00 AM-12:00PM & 05:00 PM - 07:00PM ☎ (805)659-9751 (E) (805)-659-9845 (V)

missionanlac@yahoo.com, [www.venturabuddhistcenter.net] E=English. P=Pali S= Sinhala.V=Vietnamese

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>31</b> 7PM-DEVOTIONS(P) 7:30 PM-8:45PM MEDITATION &amp; DISCUSSION(E) 11:30pm-12:30AM Blessings on New Year's Eve in Vietnamese (@ALM) in Pali (@TIBC)</p>	<p><b>DECEMBER 2018</b></p>		<p><i>The mind is excitable and unsteady; it is difficult to control and to restrain. The wise one trains his mind to be upright as a fletcher straightens an arrow.</i> Dhammapada -Verse 33</p>		<p><b>01</b> 8:00AM-9:15AM YOGA- Level 1 by SALLY McNALLY 9:45AM-12Noon ZAZEN 7pm- Nim Phat Chanting</p>	<p><b>02</b> 9am-10am Children's Dhamma Class 9:30AM Vietnamese Retreat 10AMBuddhist Service(V)</p>
<p><b>03</b> 7PM-DEVOTIONS(P) 7:30 PM-8:45PM MEDITATION &amp; DISCUSSION(E)</p>	<p><b>04</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)</p>	<p><b>05</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)</p>	<p><b>06</b> 5:45PM-6:45PM Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion</p>	<p><b>07</b>8:15AM-9:15AM YOGA (E) w/ SALLY</p>	<p><b>08</b> 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting</p>	<p><b>09</b> 9am-10am Children's Dhamma Class 10AMBuddhist Service(V) 4:30PM-MEDITATION AND YOGA EVENT BY AWAKENED WOMEN</p>
<p><b>10</b> 7PM-DEVOTIONS(P) 7:30 PM-8:45PM MEDITATION &amp; DISCUSSION(E)</p>	<p><b>11</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)</p>	<p><b>12</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)</p>	<p><b>13</b>5:45PM-6:45PM Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion</p>	<p><b>14</b> 8:15AM-9:15AM YOGA (E) w/SALLY</p>	<p><b>15</b> 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting</p>	<p><b>16</b> 9am-10am Children's Dhamma Class 10AM BUDDHIST SERVICE(V) 8:45am -4:30pm SRI LANKAN 8 PRECEPTS RETREAT (@TIBC) 5:30pm- TIBC Meeting &amp;Vandana</p>
<p><b>17</b> 7PM-DEVOTIONS(P) 7:30 PM-8:45PM MEDITATION &amp; DISCUSSION(E)</p>	<p><b>18</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)</p>	<p><b>19</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)</p>	<p><b>20</b> 5:45PM-6:45PM Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion</p>	<p><b>21</b> 8:15AM-9:15AM YOGA (E) w/SALLY</p>	<p><b>22</b> 6AM-9AM BREAKFAST FOR HOMELESS 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting</p>	<p><b>23</b> 9am-10am Children's Dhamma Class 10AM BUDDHIST SERVICE(V)</p>
<p><b>24</b> 7PM-DEVOTIONS(P) 7:30 PM-8:45PM MEDITATION &amp; DISCUSSION(E)</p>	<p><b>25</b> 6:30AM-Meditation 7:30AM CHANTING OF GREAT COMPASSION DHARANI (V) 7PM-8:00PM-Tai Chi By Judy Scott (805-650-4826)</p>	<p><b>26</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)</p>	<p><b>27</b> 5:45PM-6:45PM Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion</p>	<p><b>28</b> 8:15AM-9:15AM YOGA (E) w/SALLY</p>	<p><b>29</b> 8:00AM-9:15AM YOGA- Level 1 by SALLY McNALLY. 7pm- Nim Phat Chanting</p>	<p><b>30</b> 9am-10am Children's Dhamma Class 10AM BUDDHIST SERVICE(V)</p>