

TU VIỆN AN-LẠC-AN LAC MISSION- VENTURA BUDDHIST STUDY CENTER- SCHEDULE OF ACTIVITIES

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
FEB 2019		HAPPY NEW YEAR YEAR OF THE PIG!		01 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	02 8:00AM-9:15AM YOGA 1 w/ <i>SALLY</i> , 9:45AM-12PM ZAZEN w/ <i>Kevin</i> , 7pm-8pm - Nim Phat Chanting	03 Vietnamese Retreat 10am Buddhist Service
04 6pm-11pm VIETNAMESE NEW YEAR 7pm Meditation ,Chanting, and Discussion are at TIBC	05 VIETNAMESE NEWYEAR ALL REGULAR EVENTS ARE POSTPONED	06 VIETNAMESE NEWYEAR	07 VIETNAMESE NEWYEAR 5:45PM-6:45PM Tai Chi w/Maki 7:pm Meditation & Dhammapada Discussion are at TIBC	08 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i> VIETNAMESE NEWYEAR	09 8:00AM-9:15AM YOGA Level 1 w/ <i>SALLY</i> VIETNAMESE NEWYEAR	10 VIETNAMESE NEWYEAR
11 7PM -9PM - Devotions (P) , Meditation, & Discussion	12 6:30AM-Meditation 7:30AMCHANTING OFGREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	13 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	14 5:45PM-6:45PM Tai Chi w/Maki 7PM- Meditation 7:45pm-Dhammapada (Buddhist Text) Discussion	15 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	16 8:00AM-9:15AM YOGA Level 1 w/ <i>SALLY</i> <i>10AM-12 NOON</i> 7pm-8pm - Nim Phat Chanting	17 8:45am-4:30pm ATA SIL (8 precepts) Retreat For Sri Lankans @TIBC 9 AM-10AM Children's Dhamma Class 10amVietnameseService. 10 AM-12:00PM Vietnamese Language Class
18 7PM -9PM - Devotions (P) , Meditation, & Discussion	19 6:30AM-Meditation 7:30AMCHANTING OFGREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	20 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	21 5:45PM-6:45PM Tai Chi w/Maki 7PM- 9pm 108 Sun Salutations (Surya Namaskara) on the ' Summer Solstice'	22 8:15AM-9:30AM YOGA (E) <i>SALLY McNALLY</i>	23 6AM-BREAKFAST FOR HOMELESS (@ CC) 8:00AM-9:15AM YOGA Level 1w/ <i>SALLY</i> 7pm-8pm - Nim Phat Chanting	24 9 AM-10AM Children's Dhamma Class 10amVietnameseService. 10 AM-12:00PM Vietnamese Language Class
25 7PM -9PM - Devotions (P) , Meditation, & Discussion	26 6:30AM-Meditation 7:30AMCHANTING OFGREAT COMPASSION DHARANI (V) 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	27 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	28 5:45PM-6:45PM Tai Chi w/Maki 7PM- Meditation 7:45pm-Dhammapada (Buddhist Text) Discussion	TO BE HONORABLE IN THOUGHT, SINCERE IN WORDS, GOOD IN DEEDS, IS TO HAVE THE HEART OF A BUDDHA.		02/19