

# TU VIỆN AN-LẠC-AN LAC MISSION SCHEDULE OF ACTIVITIES

VENTURA BUDDHIST STUDY CENTER, 901 S.SATICOY AVENUE, VENTURA, CA 93004

OFFICE HOURS: 10:00 AM-12:00PM & 05:00 PM - 07:00PM ☎ (805)659-9751 (E) (805)-659-9845 (V)

missionanlac@yahoo.com, [www.venturabuddhistcenter.net] E=English. P=Pali S= Sinhala.V=Vietnamese

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>JUNE 2019</b>	<b>6/15 &amp; 16</b> 2pm BUDDHIST YOUTH CAMP		<i>The mind is excitable and unsteady; it is difficult to control and to restrain. The wise one trains his mind to be upright as a Fletcher straightens an arrow.</i> Dhammapada -Verse 33		<b>01</b> 8:00AM-9:15AM YOGA- Level 1 by SALLY McNALLY 9:45AM - 12Noon ZAZEN 7pm- Nim Phat Chanting	<b>02</b> 9am-10am Children's Dhamma Class  10AM BUDDHIST SERVICE(V)
	<b>6/21</b> 8AM-10:15AM YOGA(E) w/SALLY 108 SUN SALUTATIONS (SURYA NAMASKAR) ON SUMMER SALSTICE (SPONSOR A YOGI WITH YOUR DONATION . THIS IS A FUNDRAISER FOR TIBC BY SALLY & JOHN)					
<b>03</b> 7PM-DEVOTIONS(P) 7:30 PM-9PM MEDITATION & DISCUSSION(E)	<b>04</b> 7:00AM-Meditation 7:30AMCHANTING OF GREAT COMPASSION DHARANI (V) 6:30pm-7:30pm <b>Tai Chi &amp; Meditation @TIBC</b> 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	<b>05</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>06</b> 5:45PM-6:45PM  Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion	<b>07</b> 8:15AM-9:15AM YOGA (E) w/ SALLY	<b>08</b> 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting	<b>09</b> 9am-10am Children's Dhamma Class  10AM BUDDHIST SERVICE(V)
<b>10</b> 7PM-DEVOTIONS(P) 7:30 PM-9PM MEDITATION & DISCUSSION(E)	<b>11</b> 7:00AM-Meditation 7:30AMCHANTING OF GREAT COMPASSION DHARANI (V) 6:30pm-7:30pm <b>Tai Chi &amp; Meditation @TIBC</b> 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	<b>12</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>13</b> 5:45PM-6:45PM  Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion	<b>14</b> 8:15AM-9:15AM YOGA (E) w/SALLY	<b>15</b> 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 2pm Camping -Students of Vietnamese School 7pm- Nim Phat Chanting	<b>16</b> 9am-10am Children's Dhamma Class 10AM BUDDHIST SERVICE(V) <b>8:45am -4:30pm SRI LANKAN &amp; PRECEPTS RETREAT (S)@TIBC</b> 10am Graduation Ceremony Vietnamese Language School
<b>17</b> 7PM-DEVOTIONS(P) 7:30 PM-9PM MEDITATION & DISCUSSION(E)	<b>18</b> 7:00AM-Meditation 7:30AMCHANTING OF GREAT COMPASSION DHARANI (V) 6:30pm-7:30pm <b>Tai Chi &amp; Meditation @TIBC</b> 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	<b>19</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>20</b> 5:45PM-6:45PM  Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion	<b>21</b> 8:00AM-10:15AM YOGA (E) w/SALLY SUMMER SALSTICE 108 SUN SALUTATIONS (SURYA NAMASKAR)	<b>22</b> 6AM-9AM BREAKFAST FOR HOMELESS 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting  <b>6:30pm-Sri Lankan Vandana (Devotional Service) @ TIBC</b>	<b>23</b> 9am-10am Children's Dhamma Class  10AM BUDDHIST SERVICE(V)
<b>24</b> 7PM-DEVOTIONS(P) 7:30 PM-9PM MEDITATION & DISCUSSION(E)	<b>25</b> 7:00AM-Meditation 7:30AMCHANTING OF GREAT COMPASSION DHARANI (V) 6:30pm-7:30pm <b>Tai Chi &amp; Meditation @TIBC</b> 7PM-8PM-Advance Tai Chi By Judy Scott (805-650-4826)	<b>26</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA(V)	<b>27</b> 5:45PM-6:45PM  Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion	<b>28</b> 8:15AM-9:15AM YOGA (E) w/SALLY	<b>29</b> 8:00AM-9:15AM YOGA- Level 1 by SALLY McNALLY. 7pm- Nim Phat Chanting	<b>30</b> 9am-10am Children's Dhamma Class  10AM BUDDHIST SERVICE(V)