

**SCHEDULE OF ACTIVITIES**

**BUDDHIST ERA 2562-2563**

TU VIỆN AN-LẠC-AN LAC MISSION, VENTURA BUDDHIST STUDY CENTER, 901 S.SATICOY AVENUE, VENTURA, CA 93004

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**E=English.P=Pali, S= Sinhala.V=Vietnamese. NOTE: ALL ACTIVITIES ARE OPEN TO PUBLIC.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>06/21</b>	<b>01</b> 5:45PM-6:45PM Tai Chi(E) for beginners w/Maki	<b>02</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA (V)	<b>03</b> 5:45PM-6:45PM Advanced Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion (In the Words of the Buddha)	<b>04</b> 8:00AM-9:15AM <b>YOGA (E)</b> SALLY McNALLY	<b>05</b> 8:00AM-9:15AM YOGA- Level 1 by SALLY McNALLY 9:45AM-12pm ZAZEN 7pm- Nim Phat Chanting	<b>06</b> <sup>10AM</sup> Vietnamese Buddhist Service
<b>07</b> 7PM -9PM - Devotions (P) , Meditation, & 8pm-Discussion (Dhammapapda)	<b>08</b> 5:45PM-6:45PM Tai Chi(E) for beginners w/Maki	<b>09</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA (V)	<b>10</b> 5:45PM-6:45PM Advanced Tai Chi w/Maki Guelcher 7-9Meditation &- Discussion (In the Words of the Buddha)	<b>11</b> 8:00AM-9:15AM <b>YOGA (E)</b> SALLY McNALLY	<b>12</b> 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 10AM-12 NOON 7pm- Nim Phat Chanting	<b>13</b> <sup>10AM</sup> Vietnamese Buddhist Service
<b>14</b> 7PM -9PM - Devotions (P) , Meditation, & 8pm-Discussion (Dhammapapda)	<b>15</b> 5:45PM-6:45PM Tai Chi(E) for beginners w/Maki	<b>16</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA (V)	<b>17</b> 5:45PM-6:45PM Advanced Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion (In the Words of the Buddha)	<b>18</b> 8:00AM-9:15AM <b>YOGA (E)</b> SALLY McNALLY	<b>19</b> 8:00AM-9:15AM YOGA- Level 1w/ SALLY 7pm- Nim Phat Chanting	<b>20</b> <sup>10AM</sup> Vietnamese Buddhist Service
<b>21</b> 7PM -9PM - Devotions (P) , Meditation, & 8pm-Discussion (Dhammapapda)	<b>22</b> 5:45PM-6:45PM Tai Chi(E) for beginners w/Maki	<b>23</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA (V)	<b>24</b> 5:45PM-6:45PM Advanced Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion (In the Words of the Buddha)	<b>25</b> 8:00AM-9:15AM <b>YOGA (E)</b> SALLY McNALLY	<b>26</b> 6AM-9AM BREAKFAST FOR HOMELESS 8:00AM-9:15AM YOGA- Level 1 w/ SALLY 7pm- Nim Phat Chanting	<b>27</b> <sup>10AM</sup> Vietnamese Buddhist Service
<b>28</b> 7PM -9PM - Devotions (P) , Meditation, & 8pm-Discussion (Dhammapapda)	<b>29</b> 5:45PM-6:45PM Tai Chi(E) for beginners w/Maki	<b>30</b> 7:00PM-8:30PM CHANTING OF LOTUS SUTRA (V) SAM HOI	<b>31</b> 5:45PM-6:45PM Advanced Tai Chi w/Maki Guelcher 7PM- Meditation 7:45pm-Discussion (In the Words of the Buddha)	<b><u>IN PERSON CLASSES</u></b> <b>PLEASE REGISTER BY FILLING THE FORM AND JOIN FOR THE EVENT OF YOUR CHOICE.</b> <b>THANK YOU.</b>		